

ABSTRAK

EFEKTIVITAS IMPLEMENTASI PENDIDIKAN KARAKTER BERBASIS LAYANAN BIMBINGAN KLASIKAL DENGAN PENDEKATAN *EXPERIENTIAL LEARNING* UNTUK MENINGKATKAN KARAKTER DISIPLIN MANAJEMEN WAKTU

(Studi Pra Eksperimen pada Siswa Kelas VIII D SMP N 3 Purwantoro,
Wonogiri Tahun Ajaran 2015/2016)

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Penelitian ini bertujuan untuk mendeskripsikan: 1) tingkat karakter disiplin manajemen waktu antara sebelum perlakuan dan sesudah perlakuan, 2) tingkat karakter disiplin manajemen waktu setiap sesinya, 3) signifikansi hasil implementasi pendidikan karakter disiplin manajemen waktu antara sebelum dan sesudah diberikannya *treatment*, 4) signifikansi hasil implementasi pendidikan karakter disiplin manajemen waktu setiap sesinya, dan 5) efektivitas pendidikan karakter disiplin manajemen waktu berbasis layanan bimbingan klasikal dengan pendekatan *experiential learning* menurut penilaian siswa.

Jenis penelitian ini adalah penelitian *pre-experiment* pada siswa kelas VIII D SMP N 3 Purwantoro, Wonogiri tahun ajaran 2015/2016 dengan jumlah siswa 26 orang. Instrumen yang dipakai dalam penelitian ini adalah: 1) tes karakter disiplin manajemen waktu; 2) *self assessment scale* karakter disiplin manajemen waktu; 3) koefisien validasi efektivitas model. Teknik analisis yang digunakan adalah dengan pengkategorisasian distribusi normal dan uji *Wilcoxon*.

Hasil penelitian menunjukkan: 1) terdapat peningkatan karakter disiplin manajemen waktu antara *pretest* (1557) dan *posttest* (1687) dengan selisih(130); 2) ada peningkatan karakter bertanggung jawab pada setiap sesi; 3) terdapat perbedaan yang signifikan dengan skor sebesar $= -2,12$ ($\text{sig}=0,034$) antara sebelum diberikan perlakuan dan sesudah diberikan perlakuan; 4) terdapat perbedaan yang signifikan dengan skor sebesar $= -0,92$ ($\text{sig}=0,360$) disetiap sesinya; 5) model implementasi pendidikan karakter berbasis layanan bimbingan klasikal dengan pendekatan *experiential learning* efektif guna mengembangkan disiplin manajemen waktu jawab siswa kelas VIII D SMP N 3 Purwantoro, Wonogiri tahun ajaran 2015/2016.

Kata kunci: karakter disiplin manajemen waktu, pendidikan karakter, *experiential learning*.

ABSTRACT**THE EFFECTIVENESS OF CHARACTER BUILDING IMPLEMENTATION WITH THE BASIS OF CLASSICAL GUIDANCE SERVICE WITH AN EXPERIENTIAL LEARNING APPROACH TO IMPROVE THE CHARACTER OF****TIME MANAGEMENT DISCIPLINE****A Pre-Experiment Study on VIII Graders of SMP N (Public Senior High School) 3 Purwanto Batches 2015/2016**

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This research was aimed at describing: 1) the level of character of time management discipline before and after the treatment, 2) the level of character of time management discipline in each session, 3) the significance of the results of character building implementation of time management discipline before and after treatment, 4) the significance of the results of character building implementation of time management discipline in each session, 5) the effectiveness of character building of time management discipline with the basis of classical guidance with an experiential learning approach based on students' assessment.

This research was pre-experiment research on 26 VIII graders of SMP N (Public Senior High School) 3 Purwanto, Wonogiri, batches 2015/2016. The instruments used in this research were: 1) character test of time management discipline; 2) character self-assessment scale of time management discipline; 3) model effectiveness validation questionnaire. Analysis technique used was categorization and Wilcoxon test.

The result of the research showed that 1) there was a character improvement of time management discipline between pretest (1557) and posttest (1687) with the improvement of 130; 2) there was a character improvement responsible in each session; 3) there was a significant difference with the score of -2.12 ($\text{sig}=0.034$) before and after treatment; and 4) there was a significant difference with the score of -0.92 ($\text{sig}=0.360$) in each session; 5) the implementation model of character building with the basis of classical guidance service with an experiential learning approach was effective to improve the answer time management discipline of VIII D graders of SMP N 3 Purwanto, Wonogiri batches 2015/2016.

Keyword: Time Management Discipline Character, Character building, Experiential Learning

